

Stephanie Staples

Bring Your "A" Game to Work & Life!



When I was a child I dreamt I would be
A massage therapist because people would see

How brilliant I was and others would scoff
At my easy life and my many days off

I'd work for myself and I'd have no stress
I'd have a leisurely lifestyle, loads of money and rest

But then I woke up from my crazy dream
And realized the challenges that you RMT seize

The clients that call late in the night
The dealing with Blue Cross and claims that aren't right

The 2 month rush before December year end
When insurance runs out and the panic begins

To constantly keep up with education changes
And the clients for whom your schedule always rearranges

So now instead of being a RMT
I book my monthly appointment it's much easier you see

To speak for a living than to use effleurage
To earn my keep by giving a massage

So you keep at it please, we need you so much
To keep us healthy with your healing touch

And at the end of the day when the last client is gone
Now that what you do matters and it's your time to take on

Perhaps the biggest challenge you can not be done
Until you take care of you because you are number one!