

When I was a child I dreamt I would be
In long term care and everyone would see
How special I was and that I never lacked
For money or resources or time to relax

I'd spend all day, helping the aged
Who would always be happy and never get jaded
They'd thank me profusely and hug me a lot
Their families would love me and stop on the spot

To praise me for, the hard work that I did
But what, was I dreaming? Here's what happened instead
I dedicated my life to those in long term care
I thought it I was unselfish but I wasn't aware

That though stressors and challenges would never subside
The privilege of being their at the side
The elderly people who shared their life
The struggles, the victories, the pains and the strife

No one prepared me for what an honour it'd be
To serve them, to love them, to have history
Personally delivered especially for me

So whether you're in admin, or in social work
Nursing or office or clinical reimburse
Be you CEO, in activities or dietary
Environmental services, DON or therapy

Please remember that each day you set foot in your resident's space
You bring a gift that they can not replace
You bring your service, your compassion and your big heart
You make their day brighter and that just the start

Because the walls that surround them don't make their home
It's the love that you give them, that they call their own
So when the day has been long, and the frustrations run high
Know what you do is not just just passing by

It's important and valued and one of kind
And I thank you on behalf of those left behind
Not everyone has the capacity to do what you do
If you want to continue, please take care of you

You're an everyday hero, not an occasional one
Everyday what you do, is second to none

And at the end of the day
When you lay your head down
Know that what you do matters
In your North Dakota town.